

Medical assistance to citizens of Ukraine in Poland

If you are a citizen of Ukraine, who came to Poland due to the Russian aggression against your country, and you have a certificate from the Border Guard Service of the Republic of Poland or a stamp in your travel document confirming your legal stay in Poland, then you have the right to use medical care under the same conditions as Polish citizens.

- Medical care is free. Services are repaid by the National Health Fund (NFZ) from the funds of targeted subsidy of the Polish budget.
- You have the right to free medical care starting from 24.02.2022.
- To get free medical care, all you need is to go to a medical institution that has signed a contract with the National Health Fund (NFZ).
- **ATTENTION! You can not compensate** the costs of prescribed medicine or obtain free health rehabilitation and spa treatment.

Medical institution that has an agreement with the National Health Fund:

- **can't deny** you medical care;
- **can't direct** you to another health facility;
- **can't request** you to pay for medical care;

Vaccination against COVID-19 and not only:

- You can gain access to free vaccination against COVID-19 and other vaccines included in the immunization program.
- To be eligible for vaccination you have to fulfil two conditions:
 1. **legally enter the territory of the Republic of Poland** (to have a certificate from the Border Guard or a stamp of the Polish Border Guard Service in the travel document) and
 2. **have a document proving your identity.**

Such a document can be an identity card, a passport or a temporary identity card of a foreigner.

The 2022 vaccination calendar can be found here: <https://szczepienia.pzh.gov.pl/wp-content/uploads/2021/11/Kalendarz-szczepien%CC%81-2022.pdf>

To get additional information about entitlements to free healthcare granted to You, the following solutions can also be used:

- You can go to one of the **27 reception centres** for Ukrainian citizens. These centres operate on the entire territory of Poland. At the reception centre You can get a basic health assessment, and, if needed, You will be directed to the hospital.

Contact details to the reception centres can be found here: <https://www.gov.pl/web/udsc/punkty-recepcyjne2>

- You can get a teleconsultation within contact with **Teleplatform of First Contact**, which is available by the following phone number: **(+48) 800-137-200**. Teleplatform is available from Monday to Friday from 6 p.m. to 8 a.m. the next day and on Saturdays and Sundays. Teleplatform services **are provided in Polish, English and Ukrainian**. Telephone connection to the Platform is **free of charge**. You can also fill in an online form – and on its basis a doctor or a nurse will contact You.

Contact form can be found here: <https://www.gov.pl/web/zdrowie/tpk>

- You can contact the NFZ Hotline by phone: **(+48) 800-190-590**. Hotline operates **24 hours a day**. There You will get information about health services provided to the Ukrainian citizens. Hotline is **available in Ukrainian as well**.
- Polish doctors offer free health care to Ukrainian citizens using the platform **Lekarzedlaukrainy.pl** – with its help You can find a specialist from the desired branch of medicine and make an appointment for a free visit.

Platform can be found here: <https://lekarzedlaukrainy.pl/pl?teleconsultation=false>

- You can contact the helpline provided by the Women Rights Centre **for Ukrainian women** by the following phone number: **(+48) 800-107-777**, where You can get psychological and legal assistance, as well as information about social, housing and material assistance available in Poland. Helpline operates from Monday to Friday from 3 p.m. to 8 p.m. **in Ukrainian**.

AUTHORS Paweł Gadocha and Sara Borowiecka (DWF)

TRANSLATED BY Yaroslav Kurylo and Dmytro Boryshkevych

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